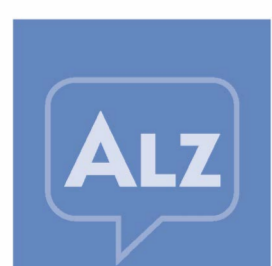
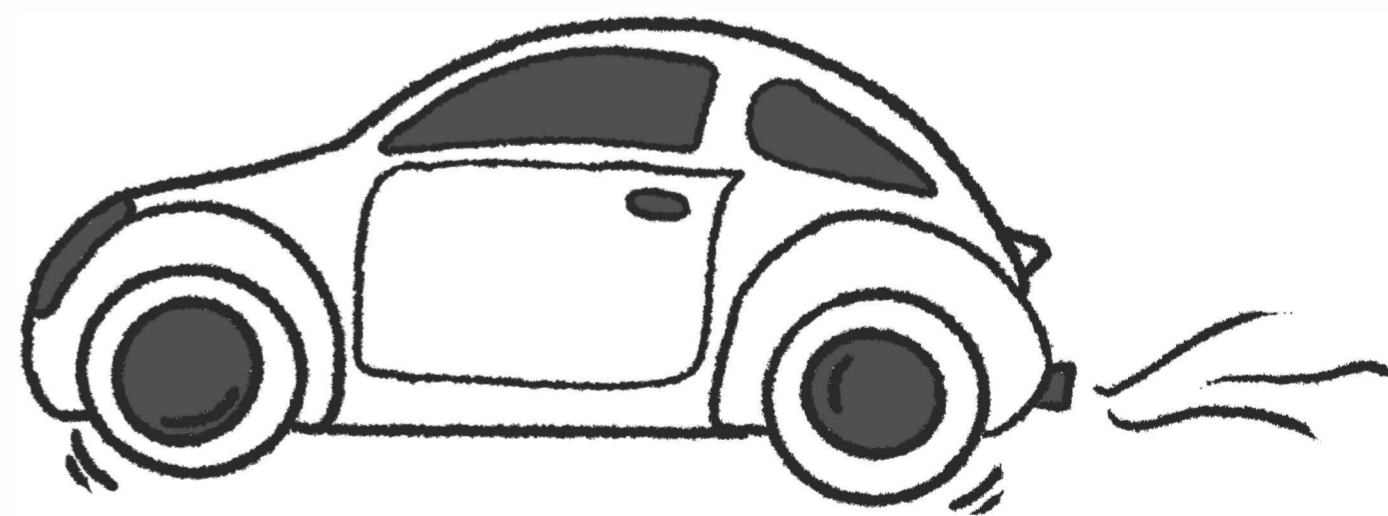
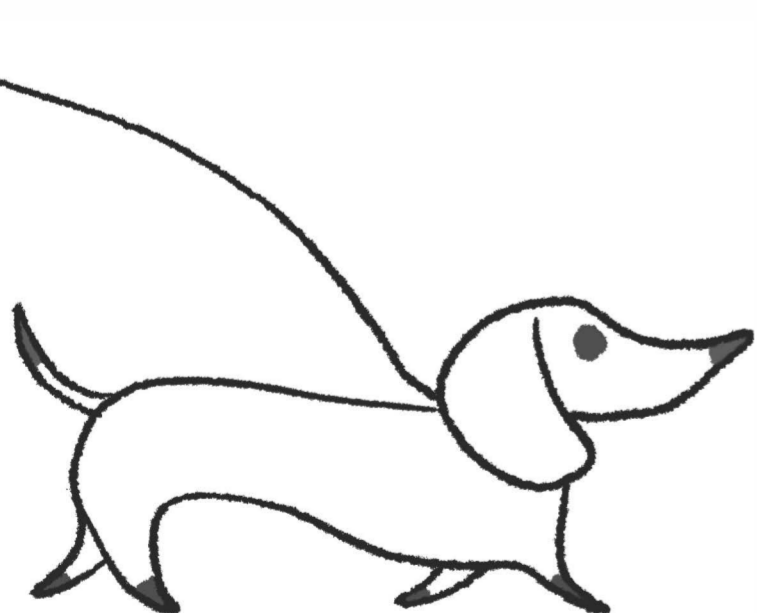


Show of Support Checklist



- Schedule virtual/in-person meet-ups or regular phone calls
- Supply groceries
- Assist in arranging transportation to appointments
- Start an emergency fund account
- Provide housekeeping services
- Help with service inquiries like adult days care centers, doctor's appointments, and others
- Provide dog walking services, if applicable
- Stay available in case of emergencies
- Help out with laundry
- Provide meals
- Send a monthly care package, including toilet paper, soap, canned goods, etc.



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